

Two Furlongs (3x32 Strathspey + 3x32 Strathspey encore)

(A dance for three couples in a longways set)

The music for this dance is on the CD Dancers Choice 2 (Robert Whitehead) available via www.highlandermusic.com

As three couple strathspeys tend to be repeated, I have written this dance with a built in encore which is different from the dance (making it 6x32). Variations can be made as to the mix and match of the two parts.

THE DANCE

1-3 First lady, followed by second and third ladies, leads down the centre of the set, WHILE third man, followed by second and first man, leads up the centre of the set, all finish opposite partner, 3,2,1.

4 All dance right shoulder passed partners to finish on opposite sides.

5-8 All chase clockwise half way round to original place.

9-12 First and third couples dance half a double figure of eight round second couple. First couple crossing down to begin, third man continuing to dance up behind second man, and third lady continuing (by pulling left shoulder back) to dance up behind second lady.

13-16 Second man with first and third ladies dance right hands across on the men's side, WHILE second lady with first and third men dance left hand across on the ladies side.

17-20 First and third couple dance the other half of the double figure of eight.

21-24 The men dance right hand across on their own side, WHILE the ladies dance left hand across on their own side. Third couple finish back in place, first and second couple finish in the centre of the set nearer hands joined, second couple facing up, first couple facing down.

25-32 First and second couples dance a Rondel. On bars 31 and 32, third couple step up into second place, and first couple dance down to third place.

Repeat from new positions.

THE ENCORE

1-4 First and second men, dance half diagonal rights and lefts with second and third ladies, WHILE first lady and third man dance counter clockwise half way round the outside of the set.

5-8 Second and third men dance half diagonal rights and lefts with first and second ladies, WHILE first man and third lady dance clockwise half way round outside of the set. (All back in original places).

9-12 Second lady dances half a figure of eight round first couple, giving left shoulder to first man, WHILE second man dances half a figure of eight round third couple, giving left shoulder to third lady.

13-16 Second lady with first couple, second man with third couple, dance left hands across.

17-20 Second lady dances half a figure of eight round first couple giving right shoulder to first lady, WHILE second man dances half a figure of eight round third couple giving right shoulder to third lady.

21-24 Second lady with the first couple, second man with the third couple, dance right hands across. All finish on the sides in original places.

25-32 first, second and third couple dance a horseshoe chain.

25-26 First couple turn right hands all the way round, WHILE second and third ladies change right hands on the lady's sides and second and third men change right hands on the men's side.

27-28 Second couple turn left hand all the way round WHILE first and third ladies change left hands on the lady's side and first and third men change left hands on the men's side.

29-30 Third couple turn right hand all the way round WHILE first and second ladies change right hands on the lady's side and first and second men change right hands on the men's side.

31-32 First couple turn left hand all the way round WHILE second and third ladies change left hand on the lady's side and second and third men change left hands on the men's side.

Repeat from new positions.



Sue Petyt
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